

Sign the Form

To sign the “SPORTS/PERFORMANCE PE RETURNING AFTER COVID GUIDELINES” form you will need to open it in Adobe Reader.

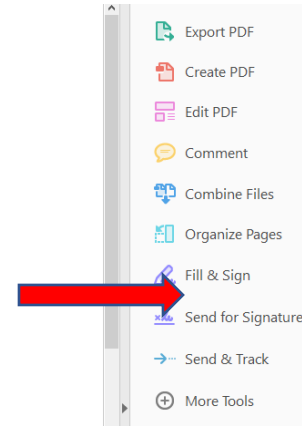
Once it is open, click on “Fill & Sign” as shown below.



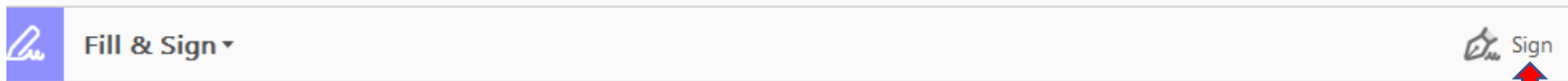
SPORTS/PERFORMANCE PE RETURNING AFTER COVID GUIDELINES

Dear Parent/Guardian of

The American Academy of Pediatrics, and other national medical associations, recommend that youth who have recovered from COVID-19 should be cleared for a return to sports, and strenuous exercise, by their health care provider and undergo screening for cardiac symptoms such as chest pain, shortness of breath, fatigue, palpitations or syncope (fainting/blacking out). Your health care provider will determine if your child requires any further cardiac



Next, click on Sign. It will be at the top of the form.



If you already have a signature stored you can select that.

If you don't have a signature click on Add Signature, type your name, click on Apply.

Drag your signature down to the Health Care Provider signature line.

Health Care Provider signature: _____

