

2022 Jefferson High School Youth Volleyball Camp



Dates: Monday, June 20th - Thursday, June 23rd

Grades/Times: 8-10am (4th-6th grade Fall 2022)
10-12pm (7th-8th grade Fall 2022)

Location: Jefferson High School - East Gym

Cost: \$50 (all campers will get a t-shirt!)
Checks made payable to *Jefferson Volleyball*

Registration Deadline–Wednesday, June 1st

Camp Goals:

We will work on fundamental skills such as passing, setting, attacking, serving and defense. Along with these individual skills, we will also work on team offense, defense and serve receive. All while having fun learning volleyball the “J-Hawk” way!

What to wear/bring: Clean tennis shoes, shorts, t-shirt and water bottle; knee pads are optional.

Locker rooms and restrooms will be available.

Questions?

Please contact Will/Amy Norton

Email: crjhawkvball@gmail.com

***This is a private camp not sponsored by the Cedar Rapids Community School District**

YOUTH VOLLEYBALL CAMP

Registration due by June 1st!

Player Name: _____

School currently attending: _____ Grade (for 2022-2023): _____

T-Shirt Size: Youth - M L Adult - S M L XL

Parent/Guardian Name: _____

Phone Number: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Please send payment and registration form to:

Jefferson High School
Attn: Amy Norton, Head Volleyball Coach
1243 20th Street SW
Cedar Rapids, IA 52404

Checks can be made payable to: Jefferson Volleyball

Jefferson Volleyball Camp Acknowledgement & Assumption of Risk/ Medical Consent Form

I release the Cedar Rapids Community School District and Jefferson's Coaches from any and all liability for injuries while the above named athlete is at the event. I have no knowledge of any physical condition that would be affected by the above athlete's participation in the training. I have attached any relevant medical information. Also the undersigned and the participant authorize Jefferson coaches to act according to their best judgment in seeking or giving emergency medical attention to the participant the undersigned is registering.

My signature below indicates I have read and understand the waiver statement.

Parent/Guardian Signature:

Date