

# **CR United Soccer Academy**

## **Who Are We and What do we do?**

CR United Soccer Academy is not your typical recreational soccer league. It's not a league at all! We are a year round academy focused on learning the game and the skills needed to become a Division 1 player! Our Academy is about more than just having fun! We encourage those who play recreational leagues to supplement with focused training!

No matter the skill level we will help any child develop their skills and their understanding of the game. We will help each child find their place on the field, find them the position that suits them best. During our lessons the children will focus on developing fundamentals such as hand eye coordination and ball handling skills. They will learn and practice team communication skills.

We will also have nutrition and exercise recommendations available for families who want to help support their child's physical athletic development. No matter what dream a child has, to be an international star, to be a champion or to be the best, we will do everything we can to support that dream!

Esam Al-yassery, the head coach is one of the most highly respected and talented soccer players in the state. He has a very comprehensive understanding of soccer and the human body. Whether it's soccer, Jujitsu, boxing or MMA he is always learning and applying it to his coaching methods. He believes everyone has the potential to be a champion!

We have 3 group sessions a week available to kids ages 5 - 10! Lesson fees are either based on a drop-in status or we have memberships available for those who are serious about improving their children's skills. We also offer 1 on 1 lessons great for kids 10 or older, those play competitively and are looking to be division 1 skill level! There are no regular games, we will have in-house scrimmages/mini tournaments once a month to apply new skills in action. When the weather is too cold we will transition to an indoor facility and continue working. The kids will also get to learn about and play indoor soccer during that time as well! **For families on Food Assistance we have special pricing available so please do not hesitate to ask! We want ALL kids to reach their maximum potential!**

# YOUTH SOCCER ACADEMY



lessons held every Monday, Saturday  
& Sunday  
Boys & Girls  
5-10 Years Old

BEGINNING

**AUGUST**  
**1**



**Improve skills and build  
understanding**

\$20 a lesson per child w/o  
membership

check out our membership options available  
on our website!

[www.crunitedfc.com](http://www.crunitedfc.com)

**319-640-4442**

Questions or concerns?  
If cost is a concern PLEASE give  
us a call or send us an email!!  
[cedarrapidsunitedfc@gmail.com](mailto:cedarrapidsunitedfc@gmail.com)

More info 319-640-4442

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