

### CRCSD Procedures for Suicide Risk Screening

The C-SSRS will be administered by trained School Counselors and School Nurses.

**When to administer the C-SSRS:**

- Talking about or threatening suicide
- Engaging in self-harm
- Chronic depression or mental health/behavioral concerns
- General mental health/behavioral concerns from third parties (parents, peers, etc.)
- Major changes in personality, behavior, grades, social relationships, attendance, sleep patterns, and other day-to-day functions

\*Other attributes that increase risk of suicide: firearm access, substance use, sexual minority, exposure to suicide, sleep disturbance, impulsivity, isolation, history of suicide

<b>Risk Level: Low</b> C-SSRS questions: Item 1, Item 2	
<b>Required Action:</b>	
	Review student’s health file for previous screeners or safety plans
	File completed screener in the student’s health file
	Document follow-up actions
	Notify guardians
	Notify school nurse/counselor
	Provide NSPL number to student (988) for talk or text support
	Provide Trevor Project number (1-866-488-7386) for talk or text support, dedicated to LGBTQ students
	Check in to follow up

<b>Risk Level: Moderate</b> C-SSRS questions: Item 3, Item 6 (lifetime)	
<b>Required Action:</b>	
	Supervise student
	Review student’s health file for previous screeners or safety plans
	File completed screener in the student’s health file
	Document follow-up actions
	Notify guardians
	Notify school nurse/counselor
	Provide NSPL number to student (988) for talk or text support
	Provide Trevor Project number (1-866-488-7386) for talk or text support, dedicated to LGBTQ students
	Notify additional appropriate school staff (ex. administrative team, other counselors, others who can support supervision)
	Work with family on suicide assessment options (J-FAST, private provider)
	Address and/or communicate the student’s intended means (medication, weapon, etc), if disclosed
	Check in to follow up on treatment progress and safety plan

<b>Risk Level: High</b> C-SSRS questions: Item 4, Item 5, Item 6 (3 mo)	
<b>Required Action:</b>	
	Provide continuous supervision. Physical safety is the priority at this level. They are at imminent risk for suicide.
	Review student’s health file for previous screeners or safety plans
	File completed screener in the student’s health file
	Document follow-up actions
	Notify guardians
	Notify school nurse/counselor
	Provide NSPL number to student (988) for talk or text support
	Provide Trevor Project number (1-866-488-7386) for talk or text support, dedicated to LGBTQ students
	Notify additional appropriate school staff (ex. administrative team, other counselors, others who can support supervision)
	Work with family on suicide assessment options (J-FAST, private provider)
	Address and/or communicate the student’s intended means (medication, weapon, etc), if disclosed
	Check in weekly to follow up on treatment progress and safety plan. For students who are continuously screening as high risk, collaborate with school team, district office personnel, family, etc.

Possible responses for all risk levels:

- Behavioral Health Referral (school based therapy, outside therapy resources, Mercy Urgent Mental Health, J-Fast)
- Create a safety plan with the student and guardian. Keep a copy, give a copy to student and family.