



Al-Anon **Family** Groups
Help and hope for families and friends of alcoholics



1 IN 4 CHILDREN
are affected by someone's drinking.
You are not alone. **Alateen can help.**

1-888-4AL-ANON • al-anon.org/teen-info



SCAN ME FOR MORE INFORMATION!

TGIA (Thank God It's Alateen) meets weekly on Tuesday nights at 7:00 p.m. at The Fellowship Club, 3224 1st Ave. NE, Cedar Rapids, IA.

Meeting located upstairs in the room on the left. Chairlift available.