

Looking for ways to add to your parenting toolbox?

When you use positive parenting skills and strategies, everyone benefits.

ACT RAISING SAFE KIDS

If you care for a child between the ages of birth to eight years, join us for the ACT Raising Safe Kids series.

You'll learn to help your child:

- Develop a sense of confidence
- Learn problem solving skills
- Manage screen time
- Deal with difficult emotions
- Understand that actions have consequences
- Resolve conflicts

2-hour sessions are held once per week for nine weeks.

Approved for foster care training credit.

“The posting of this flyer in no way suggests endorsement of the program by the Cedar Rapids Community School District.”

IOWA STATE UNIVERSITY
Extension and Outreach



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