

Re: Food & Nutrition Department  
Special Dietary Needs



Dear Parent/Guardian:

If your child has been determined by a physician to have a medical condition that restricts their diet and requires dietary accommodations, a Diet Prescription Form must be completed by a medical authority and returned to the health office.

Your child's school:

1. Will make meal modifications when prescribed by an approved medical professional to accommodate a disability. (In Iowa this includes MD, DO, PA, ARNP, Dentist or Registered Dietitian)
2. Will provide a soy milk alternative in place of fluid cow's milk due to a food allergy/intolerance when prescribed by a medical authority.  
Note: Milk is not a required meal component and can be declined by any student.
3. Will not make meal modifications for requests that can be accommodated through menu choices.
4. Will not make meal modifications for requests that do not rise to the level of a disability, such as dietary preferences.

The Diet Prescription Form must be completed by an approved medical professional. In Iowa this includes a Registered Dietitian or a "medical authority" that is authorized by state law to write medical prescriptions: Medical Doctors (MD), Doctor of Osteopathic Medicine (DO), Physician's Assistants (PA), Advanced Registered Nurse Practitioners (ANRP) or Dentists (DDS or DMD).

The Diet Prescription Form is available on the District website at <https://crschools.us/> as well as available at your school health office.

There will be no additional cost to a modified meal due to a medical condition. Notice of procedural rights are available on the district's website. When requesting meal modification please allow processing time for the completed Diet Prescription Form to be received, reviewed and implemented in your school's cafeteria.

If you have questions or need assistance, please call the Food & Nutrition Department at 319-558-2305.

Sincerely,

Amanda Foreman, RDN, LDN  
Cedar Rapids Community School District  
Food and Nutrition Department

This institution is an equal opportunity provider.

