

TAKING YOUR LOVE OF SWIMMING TO THE NEXT LEVEL

MACR SHARKS

FALL/WINTER SEASON



**We are currently enrolling
swimmers for the upcoming fall
& winter swim season**



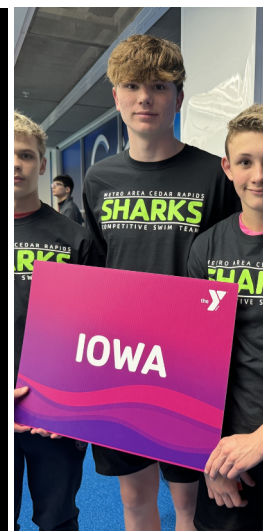
**Scan the QR Code or
email us for more
information**



**SEASON STARTS:
Wed Oct 1, 2025**

**Open to all swimmers
ages 6+ yrs that can
complete 1 length front
and backstroke**

**ALL PRACTICES HELD AT
CEDAR RAPIDS
DOWNTOWN YMCA**



MACR SHARKS SWIM TEAM

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